

Endocrinology General (non-diabetes) service overview

The adult endocrinology general service runs multiple general endocrinology and specialised metabolic bone disease outpatient clinics at Northern Hospital Epping, Broadmeadows Hospital and Craigieburn Centre. This service also manages inpatients with endocrinology disorders and provides consultation service to other inpatient teams.

Endocrinology Diabetes Service overview

The Northern Health Diabetes Service provides education and support for clients and carers living with diabetes. We are a member of the National Association of Diabetes Centres (NADC) – a network of diabetes organisations across Australia. As part of this membership, we participate in annual audits to allow us to benchmark against other diabetes organisations. We also attend regular national meetings to ensure our clients receive optimal evidence based care.

The Northern Health Diabetes service consists of a multidisciplinary team of Endocrinologists (diabetes doctor), Nurse Practitioner Diabetes, Diabetes Nurse Educators, Dietitians, Podiatrists, Exercise Physiologists and Health Psychologists.

Inpatient Service

Available at Northern Hospital Epping, Broadmeadows Hospital and Bundoora Centre. The inpatient service manages clients admitted with blood glucose emergencies or acute diabetes-related issues. We also provide a consult service to clients with diabetes admitted with other conditions to ensure safe and optimal management of diabetes during hospitalisation. We offer management advice and diabetes education to ensure optimal long-term treatment of diabetes and safe transition back to the community at the time of discharge. The inpatient service also has close collaboration with the vascular, medical and infectious diseases service in the multidisciplinary care of clients with diabetic foot complications.

Outpatient Service, including the Hospital Admission Risk Program (HARP) diabetes service

Provides best practice care in the treatment of clients with type 2 diabetes including individualised therapy with modern glucose lowering medications, injectable non-insulin and insulin treatment and tailor treatment to decrease cardiovascular and microvascular complications. There is also close collaboration with vascular and podiatry teams in the foot procedures clinic for clients with diabetic foot complications. We also provide specialised management for clients with type 1 diabetes, including the use and support of diabetes treatment technology such as insulin pump therapy, Continuous Glucose Monitoring (CGM) devices, flash glucose monitoring devices and bolus advisor glucose meters.

Our HARP diabetes service is available at Broadmeadows Hospital, Bundoora Centre and Craigieburn Centre. We provide specialist treatment, care planning, education and support to help people with chronic and

complex health issues to manage independently and reduce the risk of hospital admission. This service is also available at DPV Health, which is joint service with the Northern Health Diabetes Service.

When you attend a HARP diabetes appointment, you will be seen by one or more diabetes team members who may include the Endocrinologist, Nurse Practitioner Diabetes, Diabetes Nurse Educator, Dietitian, Podiatrist, Exercise Physiologist or Health Psychologist.

Endocrinology-Obstetrics clinic service overview

Available at Northern Hospital Epping, Broadmeadows Hospital and Craigieburn Centre. The service provides care and support for pregnant women diagnosed with endocrinology disorders, gestational diabetes as well as those with pre-existing diabetes. Individual consultations and group diabetes education sessions are available. The endocrinology multi-disciplinary team works closely with the antenatal team to ensure the best outcome for the woman and her baby.